

Article #2 Grading matrix

10 points (comprehensive, logical, no errors)	1. Introduction 5 sentences	
10 points (comprehensive, logical, no errors)	2. Ageing: the balance of damage and repair 5 sentences	
10 points (comprehensive, logical, no errors)	3. Athletic performance, activity and age 5 sentences	
8 points (comprehensive, logical, no errors)	2 sentences	4.1. The classic story
6 points (comprehensive, logical, no errors)	2 sentences	4.2. The dynamic side of homeostasis
6 points (comprehensive, logical, no errors)	2 sentences	4.3. Metabolism and homeostasis
6 points (comprehensive, logical, no errors)	2 sentences metabolism	4.4. Reconstructing and modelling human
6 points (comprehensive, logical, no errors)	2 sentences	4.5. Mitochondrial degradation and homeodynamics
6 points (comprehensive, logical, no errors)	2 sentences	4.6. Metabolism and proteostasis
6 points (comprehensive, logical, no errors)	2 sentences	4.7. Chain of physiological processes for oxygen and nutrient supply
6 points (comprehensive, logical, no errors)	2 sentences	4.8. Multiscale homeostasis
5 points (comprehensive, logical, no errors)	3 sentences	5. Possible contributions to the quantitative human physiome: endurance and metabolism during aging
5 points (comprehensive, logical, no errors)	3 sentences	5.1 Hypothetical scenario
10 points (comprehensive, logical, no errors)	6. Your personal reaction to this article 10 sentences	

100 points